

2017-September

Home delivered meals for
Cornucopia, Washburn, Iron
River, Drummond, Grandview,
Mason, Barnes and meal site in
Barnes. Meals served Monday-
Thursday

Bayfield County Department of Human Services
117 E. 5th Street- PO Box 100, Washburn, WI 54891
715-373-6144

	Monday	Tuesday	Wednesday	Thursday
Sept 4-7	Closed Labor Day	Boneless Chicken Breast w/mushroom sauce, Parslied Buttered Steamed Rice, Steamed Broccoli, Mandarin Oranges, WW Bread w/butter, Milk, Veg Alt: Tofu Cutlet	Hearty Beef Barley Soup, Egg Salad Sandwich on WW bread, Three Bean Salad, Carrot Cake w/cream cheese frosting, Milk, Veg Alt: Hearty Veggie Barley Soup	Baked Ham w/Raisin sauce, Dutchess Whipped Potatoes, Buttered Carrot Coins, Applesauce, Rye Roll w/butter, Milk, Veg Alt: Baked Tempeh w/Raisin sauce
Sept 11-14	Hot Pork Sandwich on WW bread, Mashed Potatoes & Gravy, Steamed Asparagus, Peaches, Milk	Hamburger Parmesan over Fettucine Noodles, Lettuce Salad w/tomatoes, green peppers & onions, Banana, WW Roll w/butter, Milk, Veg Alt: TVP Parmesan	Turkey Pot Pie, Peas & Diced Carrots, Jello w/Pineapple tidbits, Peanut Butte Cookie, Milk, Veg Alt: Tofu Pot Pie w/homestyle vegetables	Country Fried Steak in brown gravy, Steamed Potatoes, California Blend Veggies, Grapes, Rye Roll w/butter, Milk, Veg Alt: Lentil Patty
Sept 18-21	Beef Stir Fry over steamed brown rice, Oriental Veggies, Pear w/Cranberry Salad, Dark Rye Bread w/butter, Milk	Broiled Lemon Pepper Fish w/tartar sauce, Garlic Mashed Potatoes, Buttered Beets, Cherry Crisp, WW Roll w/butter, Milk	Chicken Dumpling Soup, Bologna & Cheddar Cheese Sandwich on WW bread, Strawberry Shortcake w/whipped topping, Milk, Veg Alt: Veggie & Bean Soup & Hummus & Cheese Sandwich	Lasagna, Lettuce Salad w/tomato & peppers, Corn Niblets, Italian Bread w/gralic butter, Lemon Birthday Cake, Milk, Veg Alt: Meatless Lasagna
Sept 25-28	Polish Sausage & Sauerkraut, Steamed Baby Red Potatoes & Carrots, Tapioca Pudding, WW Bread w/butter, Milk	Beef Tips Pepper Steak over Egg Noodles, Green Beans, Coconut Bar, Milk, Veg Alt: Tempeh Stir Fry	Baked Chicken, Stuffing w/gravy, Sweet Potoates, Cranberry Crunch Salad, Potato Roll w/butter, Milk, Veg Alt: TVP Chicken Strips	Open Face Beef Tips in Gravy over mashed potoates & WW Bread, Steamed Red Cabbage, Fruit Cocktail, Milk, Veg Alt: TVP Crumbles in Gravy